



Discover How to Have Your Best Year Ever In Business!

*Fast Acting, **Results Based Coaching** To **Empower Your Team and Boost Your Profits!***

This dynamic and motivational Keynote Presentation is like moving an internal switch from off to ON. You can use these practical insights to accomplish better results immediately! Just imagine if you (and your team) were able to beat procrastination, **meet the challenge of change** and be empowered to win! If this were true your business would out think, out work and out class the competition. The result – more customers, better productivity, more profit and your best year ever in business!

5 Reasons Why You Will Benefit From This Powerful Message About **Beating Procrastination**

1. You can expect team performance to increase as a result of this Keynote. Many have experienced this.
2. Get everybody focused on the top priorities for effective individual performance.
3. Focus every team member on the company's goals and discover how to maintain consistent positive action.
4. Get every team member doing the most important thing at the most appropriate time in the most effective way.
5. Turn individual 'potential' into potent, profitable action!

Here's what others say:

"Rachel is a phenomenal teacher! I got a better insight into why people do things – more clarity and awareness."
Carol Bernie – Property Investor & Equestrian

"Greater clarity on the steps of moving towards my goals and really working on what I want, and what's important to me"
Carly Hack – Carly Hack Photography

"A reminder that all is not lost. I can do this. I am doing this. I am changing."
Rebecca Henley – Bluescope Steel

"The script to say every time I am procrastinating is super powerful."
Jamie Aplin – Finance Broker

Practical Insights Into Why People Fail And How You Can Be 100% Certain To Hit Your Goals This Year... Guaranteed!

There are 4 specific reasons why people procrastinate. You'll discover what these are along with the formula for getting done what has to be done at work and at home.

This is not an 'airy fairy' message in any way! Instead, this is a pragmatic, structured and to-the-point system for taking more action and getting things done in life. You'll learn how to take action without stress or other common pitfalls that cause people to fail.

This will be the best 50 minutes you have ever spent discovering the secrets to **beating the failure cycle, overcoming procrastination, focusing your thinking and empowering yourself and your team to win** this year!

Go ahead and book now to discover how to have the best year of your life!

Here's How To Book

- Large whiteboard is the only equipment required.
- To book, simply email Rachel Barnes directly on rachel@rachelbarnes.com.au or call 0415 175 210.



* **"How To Have The Best Year of Your Life"** and **"Total Focus"** are delivered under licence from YB 12 Coach and Life in Balance Seminars Pty Ltd.

About Rachel Barnes



Rachel Barnes is an Author, Speaker, Coach and Property Investor. Her mission is to *educate and inspire* others to realise their personal, investing and business potential.

Having risen through the ranks of the corporate world from Receptionist to Executive Manager in the Finance Industry, Rachel has personal and relevant experience to help leaders and employees work together to successfully and 'stress-lessly' achieve business objectives.

Property Investing has been a passion for Rachel as well as business. In fact she and her partner John focussed on building a substantial portfolio of 75 rental properties in less than six years so that they could travel extensively overseas.

Rachel has since co-authored five books relating to property investing with two of them being best sellers.

Since leaving her corporate career, Rachel has helped many other businesses through Consultancy including Real Estate Agencies, Property Management Companies, Self Development & Event Management companies. During her many years as a Director and Presenter at 'Property Women' she has also inspired thousands of women and helped them build their confidence as well as their property portfolios.

Rachel is an experienced group facilitator, keynote presenter and one on one coach. She has been providing individual Coaching as well as training and mentoring groups for over 12 years in her own business as well as having managed Branches, Training, HR, Call Centre, Marketing, Lending and Admin Operations in her corporate life previously. She has worked with Employees, Business Owners, Property Managers, Sales Teams and Property Investors, to help them think above the crowd and creatively to solve problems and improve profits.

What others have said about Rachel...

"Rachel Barnes is a master at connecting with audiences large or small with her genuine warmth wrapped up together with real investment education and expertise. I've toured together with Rachel over several cities and her teaching manner and skill together with her unique ability to get an audience interacting results in a great experience for everyone who attends. 90% of our total audience rated her 10/10. Rachel is truly one of the best property investment speakers on the circuit."

Darren Hunter- National and International Property Management Trainer, Consultant and Speaker (darrenhunter.com)

"Thanks for sharing your afternoon with us and delivering such a high value presentation. Your delivery of the information was brilliant! You thoroughly engaged our team this afternoon and have us thinking about the areas in which we can improve our protocols to position ourselves to leverage the investor market. Once again, on behalf of our team many thanks!"

Dave Stockbridge - Director Real Estate Agents Group South Australia

"Rachel has presented to my TAFE SA students on many occasions. On each occasion, she was presented extremely well. She was very well received by the students and was happy to answer all their questions. She was able to explain complex concepts so that they were easily understood. Rachel is very inspirational and motivational. She is obviously very knowledgeable and passionate about what she does and what she says and I would have no hesitation in recommending Rachel as a guest speaker/presenter."

Peter Koulizos / Coordinator – Property and Share Investment / TAFE SA South Australia

"Rachel's industry knowledge blows me away. She has a really easy to comprehend presentation style so you come away inspired, educated and motivated."

Jo Vadillo - Advocate Property Services Sydney